

Sacagawea: Tenderheart Level Award

Complete All (Current Handbook):



1. Be an active, registered Troop Member by regularly participating in Troop meetings and activities.

2. Participate in a flag ceremony each year of membership as a Tenderheart.
 - a. 1st Year
 - b. 2nd Year
 - c. 3rd Year

3. Hold a Girl Leadership Position for at least two months during your years as a Tenderheart.

4. Complete one badge from each Badge Frontier:
 - a. Heritage
 - b. Family Living
 - c. Arts
 - d. Outdoor Skills
 - e. Personal Well-Being
 - f. Science & Technology

5. Complete one year of Faith Award programming for your Program Level.

6. Complete five hours of service each year of membership as a Tenderheart.
 - a. 1st Year
 - b. 2nd Year
 - c. 3rd Year

7. At least once as a Tenderheart, participate and assist in the setup of a Troop or community activity or event for one hour.

8. Bring a friend to a Troop meeting or social event one time within your Program Level.

9. Attend one AHG social event each year of membership as a Tenderheart.
 - a. 1st Year
 - b. 2nd Year
 - c. 3rd Year

10. As a Tenderheart, tent or cabin camp for one night or participate in an all-day hiking adventure.

11. Visit an Explorer Unit for one meeting in your final year as a Tenderheart.

12. Participate in a Board of Review.
